

The Methodist Church



Mindful Christianity in an age of uncertainty

An online interactive weekly series

of reflections led by Author and Minister

Rev. Malcolm Lorimer

- Beginning Thursday 18th February 0645pm

Sessions:

- 18/2/21 Session 1. What is Christian Mindfulness?
- 25/2/21 Session 2. The Ministry of Jesus and Mindfulness.
- 4/2/21 Session 3. What the Beatitudes teach us about Mindfulness.
- 11/2/21 Session 4. The teaching of Jesus and what he said and practised.
- 18/2/21 Session 5. Jesus in the Wilderness-a time of lockdown.
- 25/2/21 Session 6. Mindfulness in the last days of Jesus.

The reflections will be in a secure and welcoming format on zoom. If you are searching for a Christian faith, would like to know more about Christianity, or want to gain a better understanding of your existing Christian faith All materials will be provided via email, the course is free (donations are welcome from anyone who is able). For more details and to register contact Rev Malcolm Lorimer maxcricket@btinternet.com

